

**The Integration
of Recovery &
Spiritually**

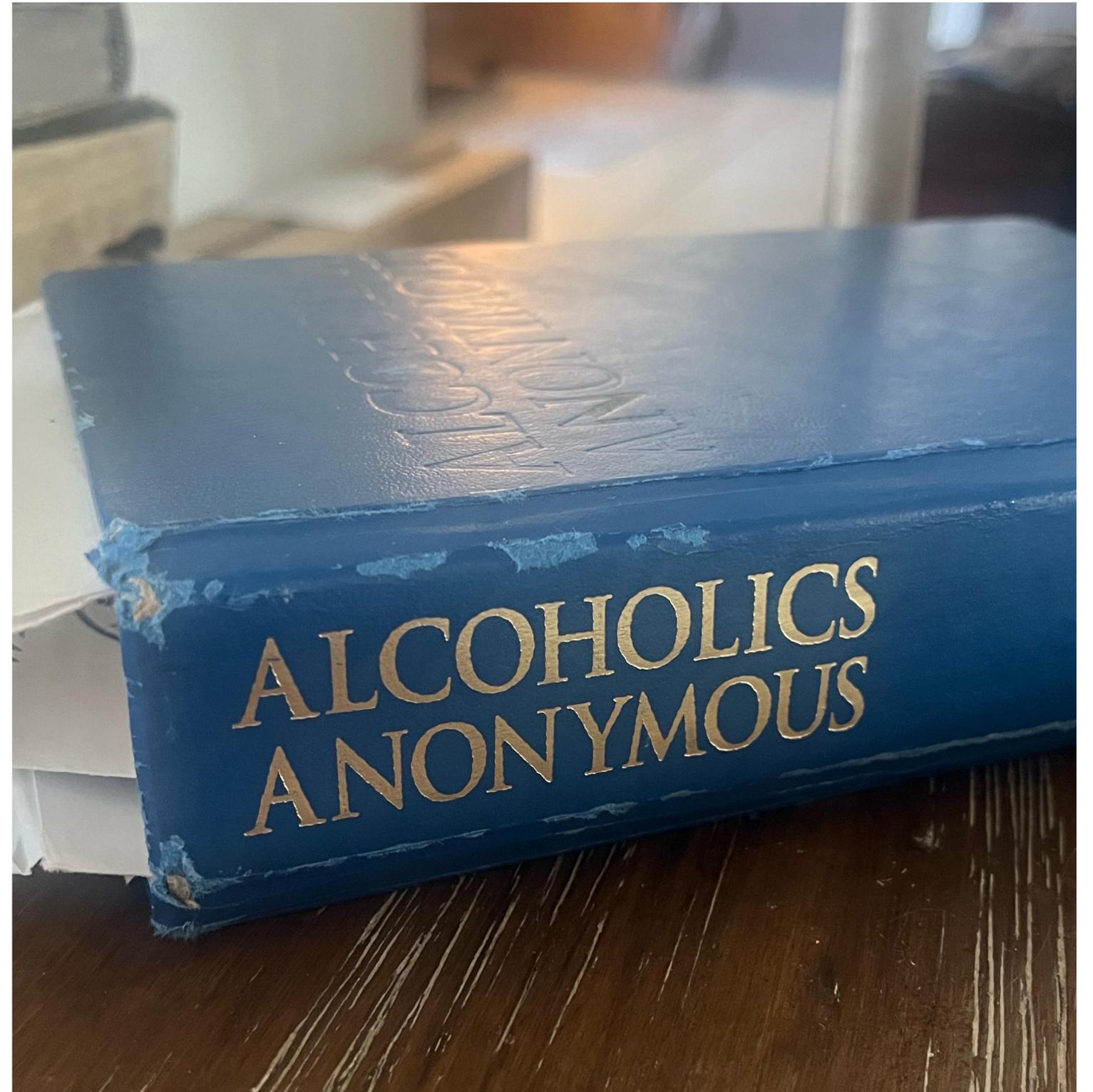
*Rev. Cliff
Burris*

That's a spiritual experience...

We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.

Alcoholics

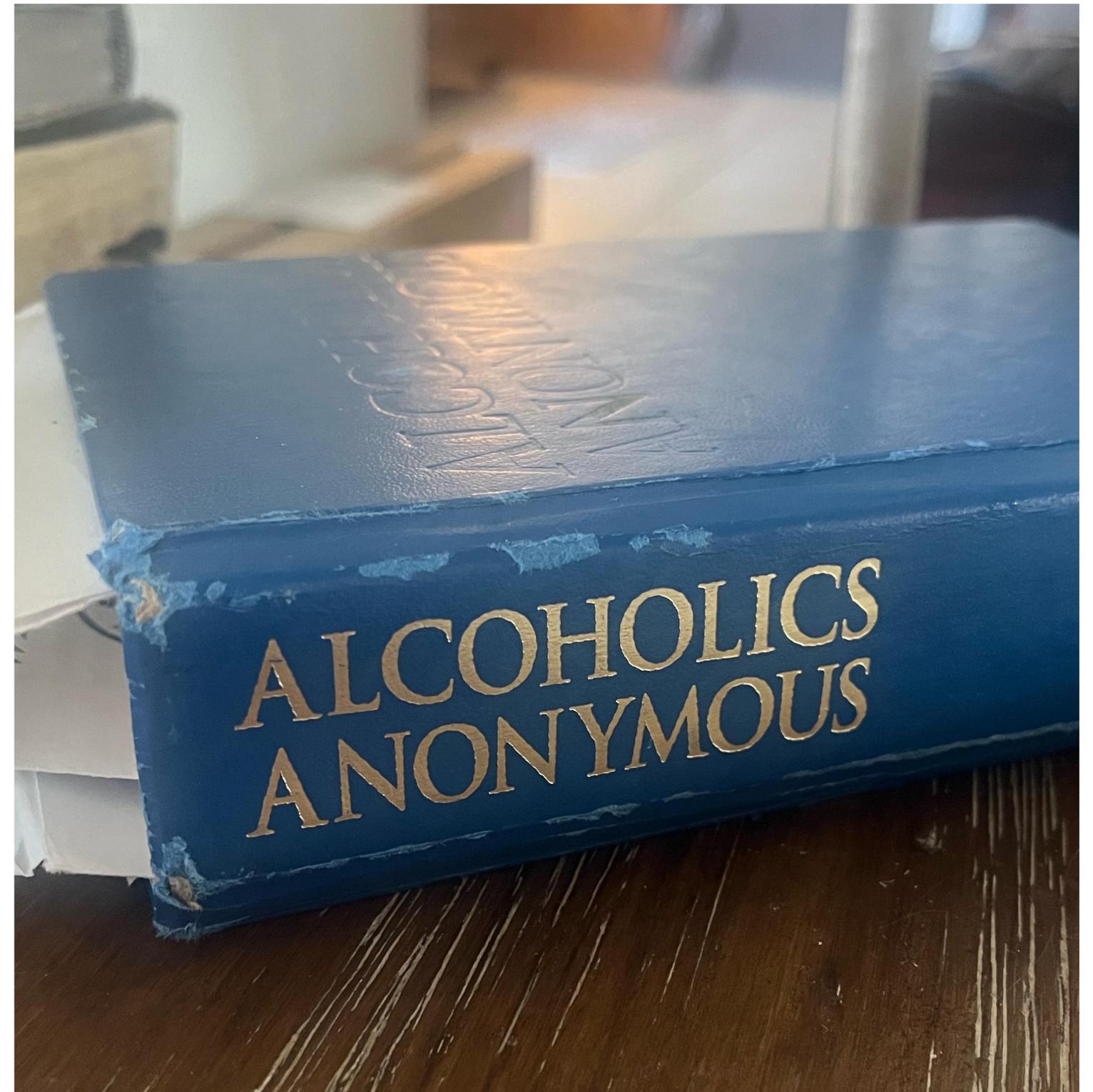
Anonymous, p. 85



When treating clients with AUD, 74% of therapists refer their clients to Alcoholics Anonymous

AA attendance and abstinence for dually diagnosed patients: a meta-analytic review

J Scott Tonigan et al. *Addiction*.
2018 Nov.



“My counselor in treatment told me I was spiritually bankrupt. Then I went for a long walk. That's when everything changed.”

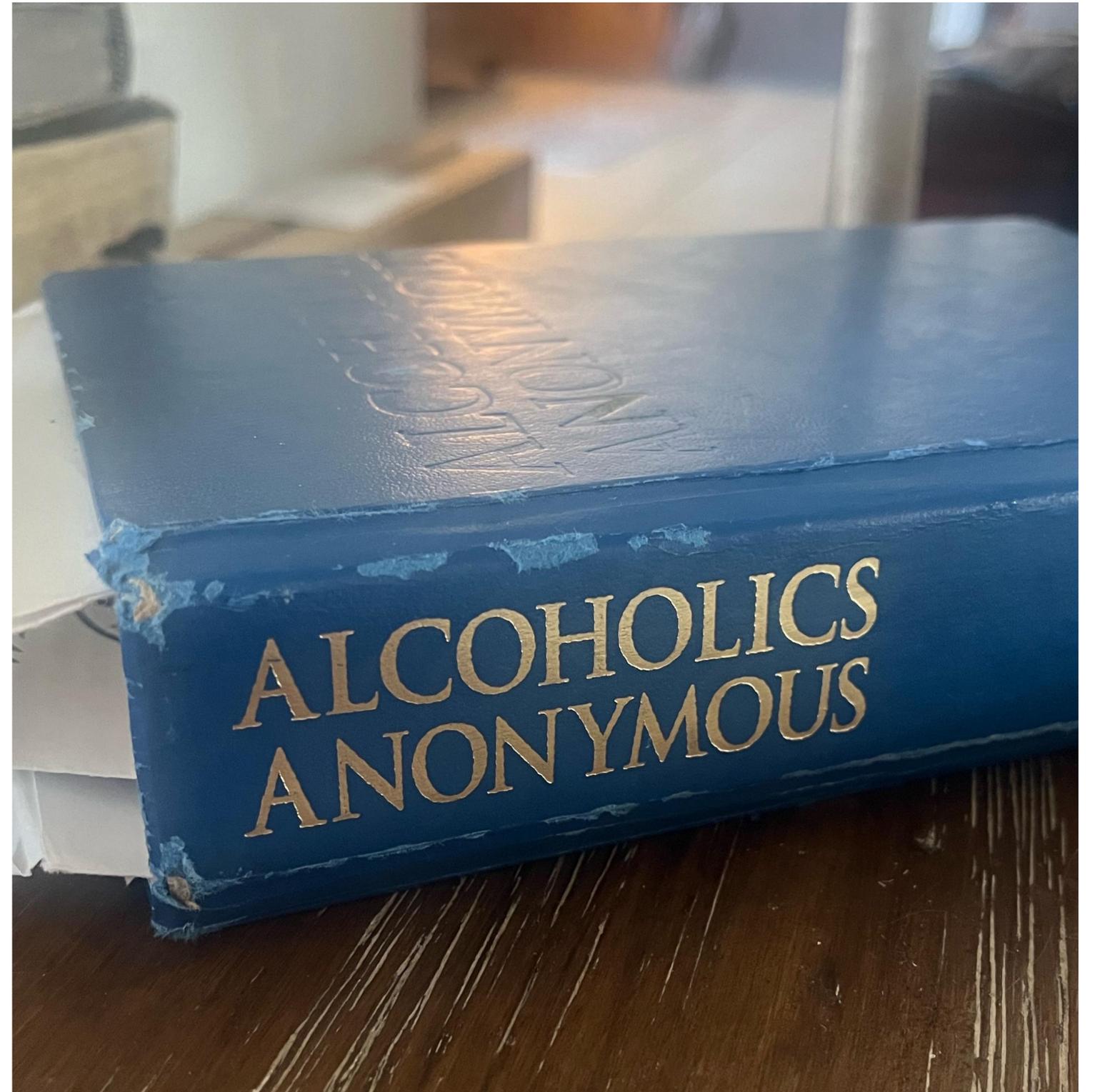
A.A. Member & Sponsor

“I came to this program to save my butt and found out it was attached to my soul.”

Anonymous A.A. Member

The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us we could never do by ourselves.

Alcoholics Anonymous,
p.

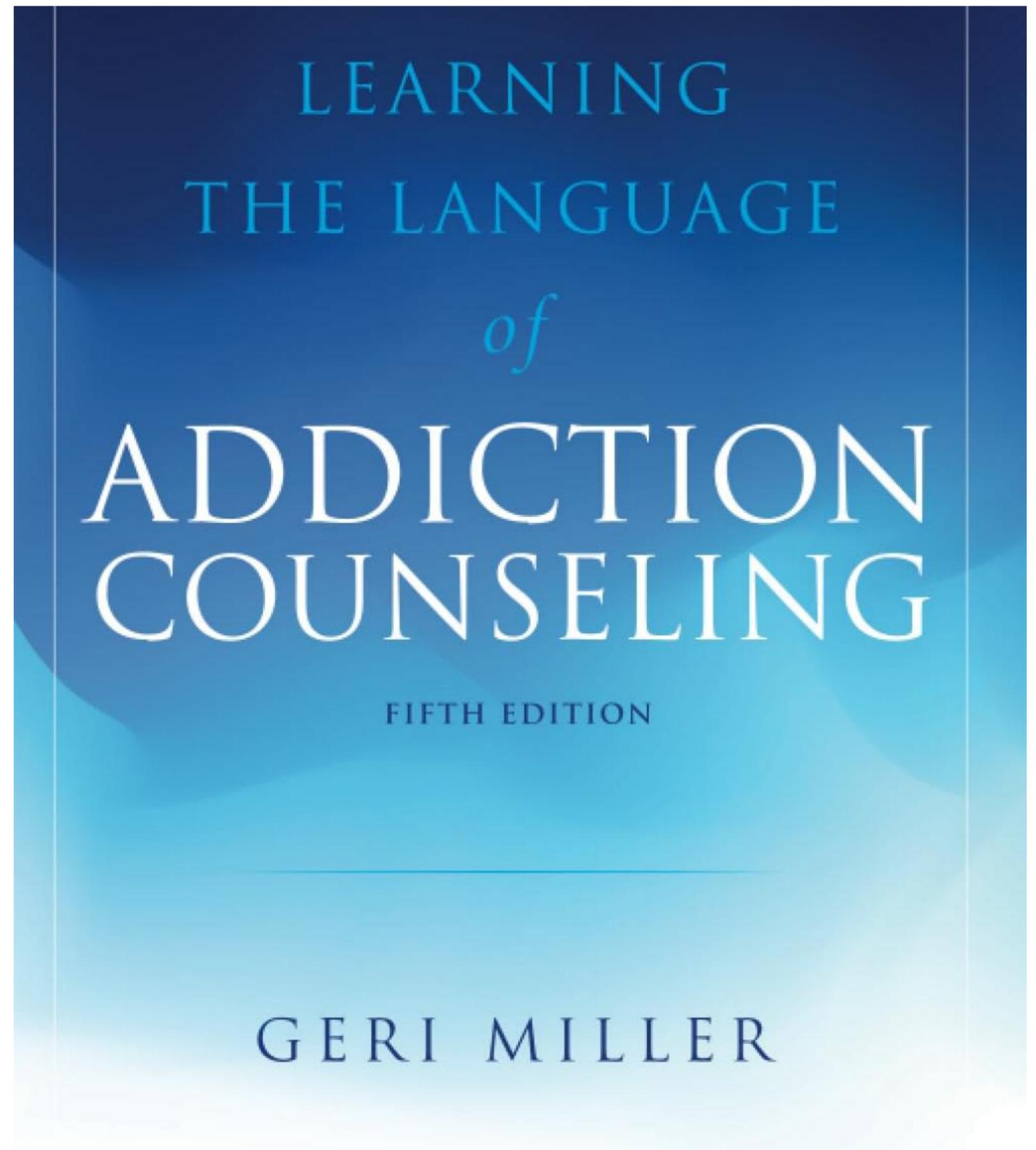


BARRIERS

- Religion & Spirituality Distinction
- Addicted clients tend to operate in extremes
- Spiritual Bypass
- Negative experiences in the past
- Interpret stories as an absolute formula for recovery

Geri Miller

*Learning the Language of
Addiction Counseling*



STEPS & SLOGANS

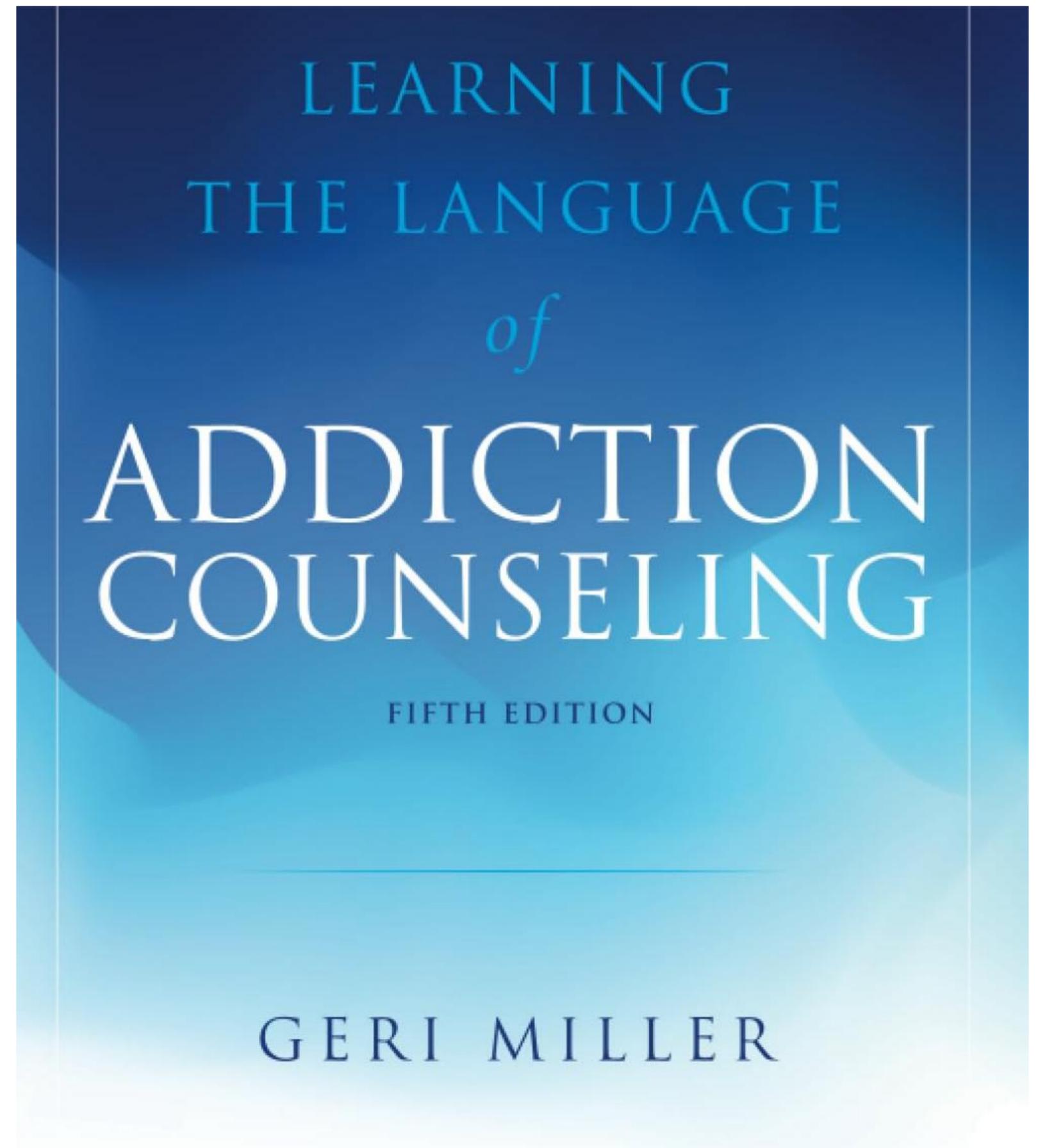
*Having had a spiritual awakening as
the result of these steps...*

12th Step

“Addiction is a
disease of isolation.”

Geri Miller

*Learning the Language
of Addiction
Counseling*



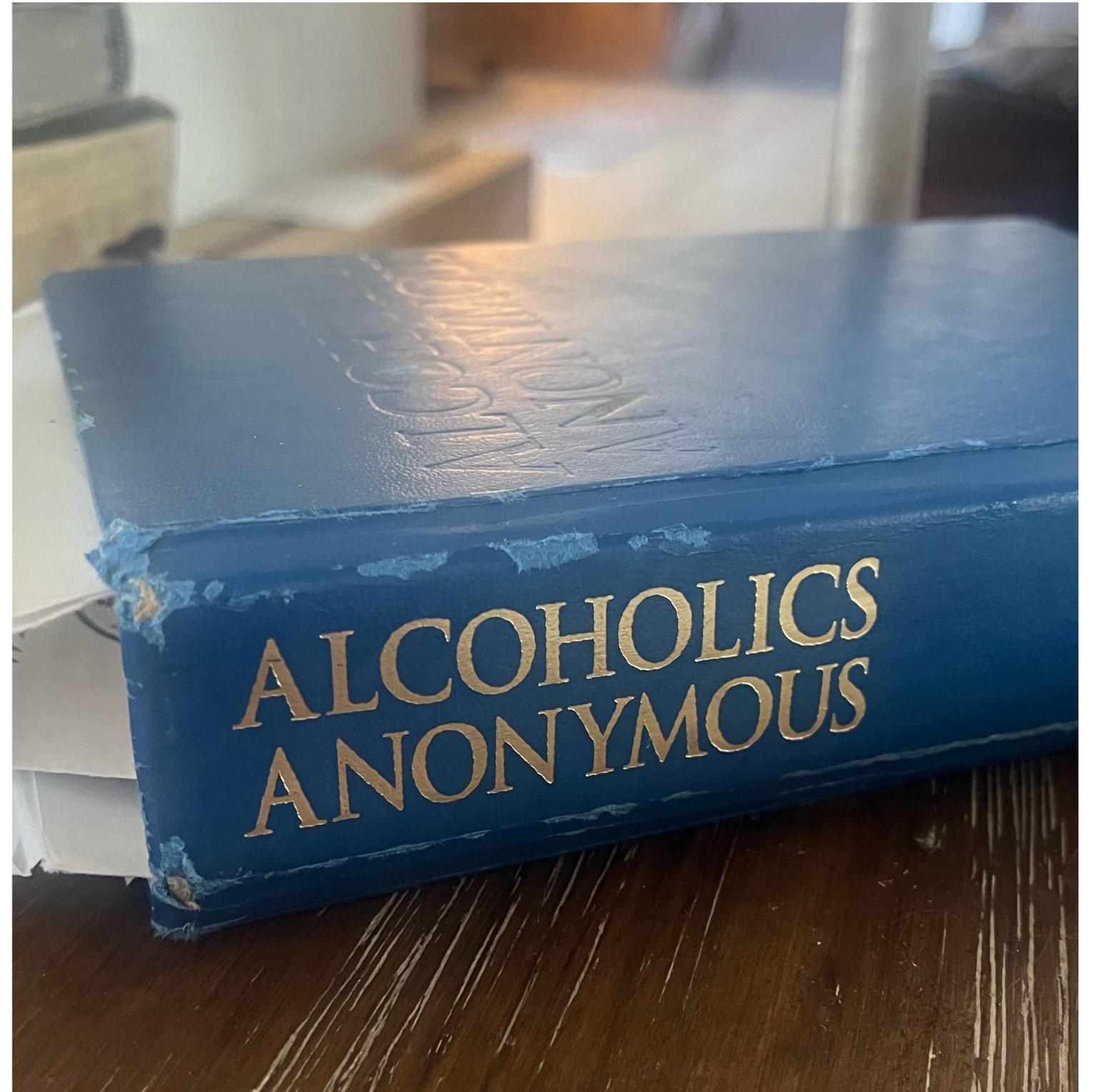
THE 12 STEPS

“We”

1st Word in the 1st Step

"Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now *we begin to have a spiritual experience.*"

Step 5 described in Alcoholics Anonymous, p. 75



THE 12 STEPS

*Having had a spiritual awakening as
the result of these steps...*

12th Step, first line

STEPS & SLOGANS

Let Go and Let God.

12th Slogan

SLOGANS

Easy Does It.

First Things First.

Let Go and Let God.

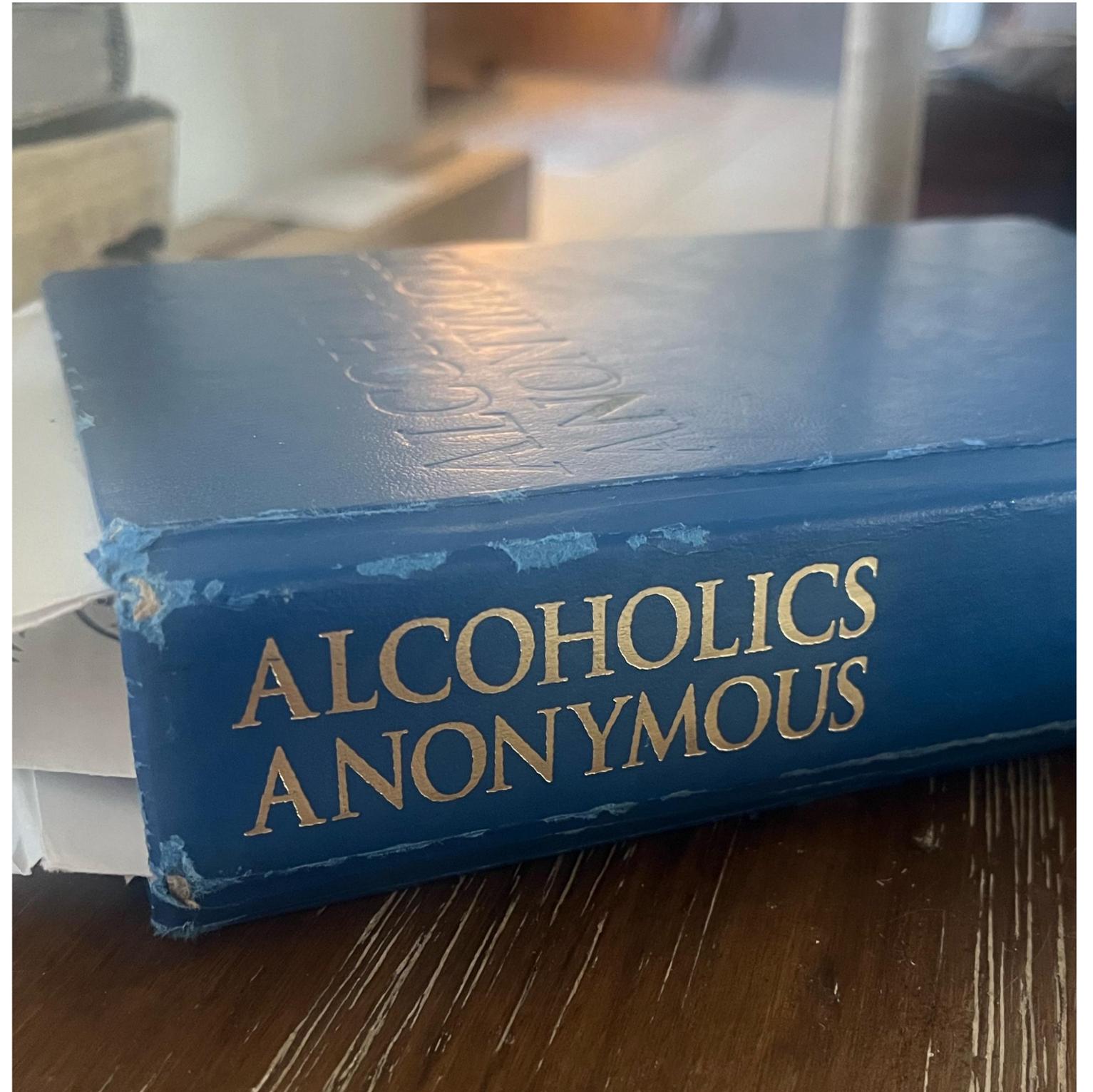
One Day at a Time.

But for the Grace of God.

We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.

Alcoholics

Anonymous, p. 85



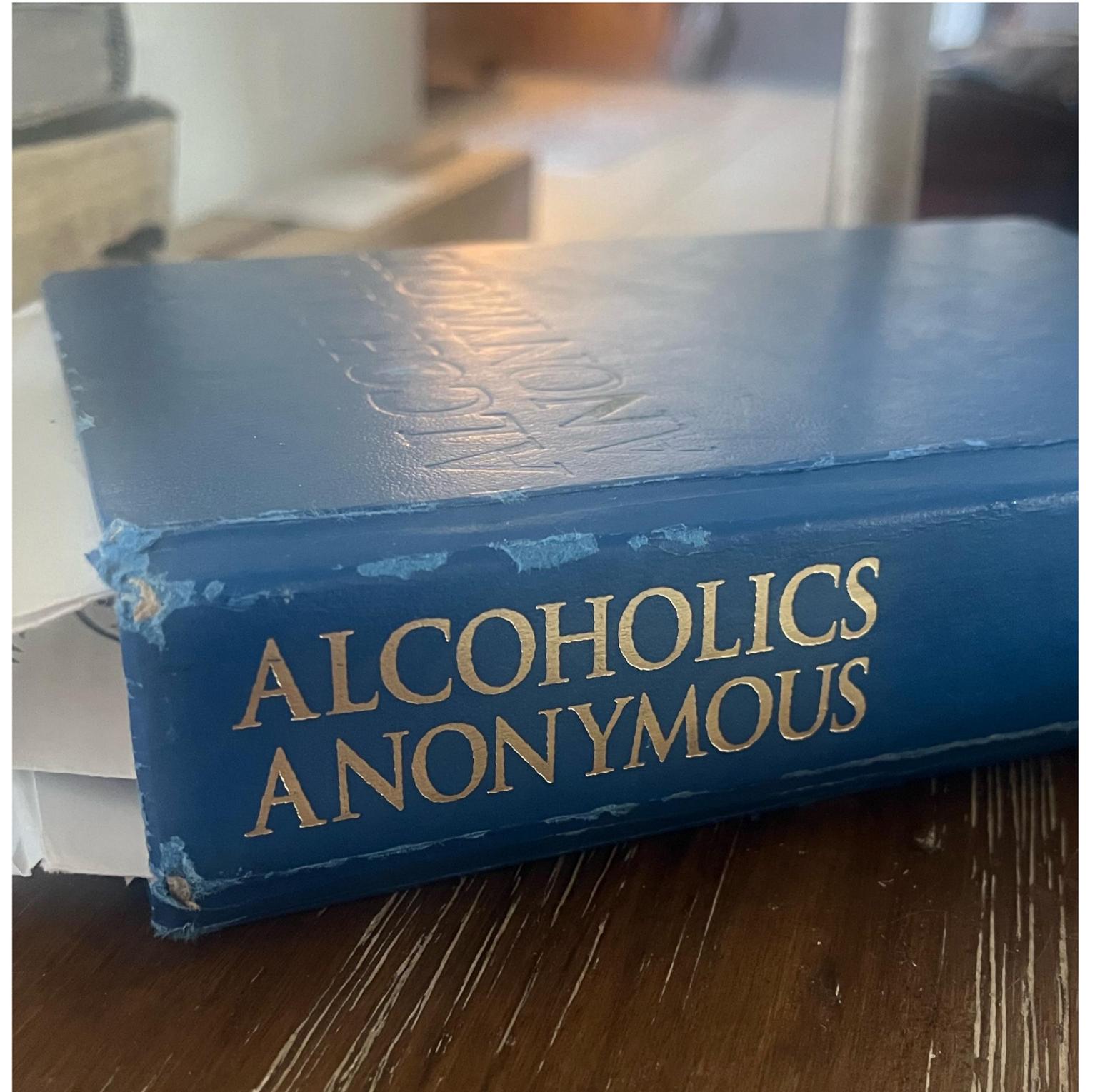
PRAYERS & PROMISES

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

11th STEP

“On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use.”

Alcoholics Anonymous, p. 86



PRAYERS

*God, grant me the serenity
to accept the things I cannot change, the
courage to change the things I can, and
the wisdom to know the difference.*

The Serenity Prayer

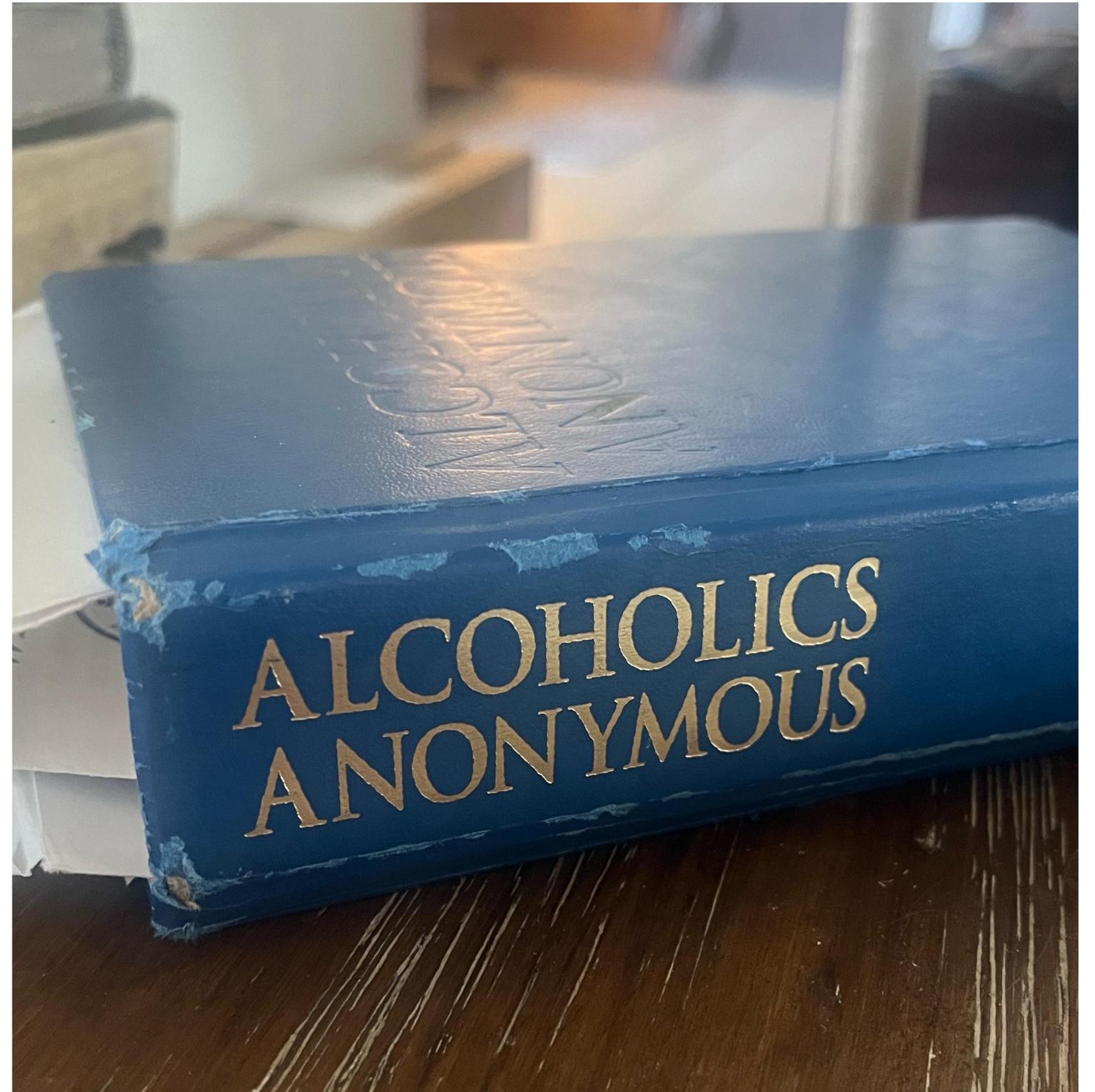
PRAYERS & PROMISES

*We will suddenly realize that God is
doing for us what we could not do for
ourselves*

The 12th Promise

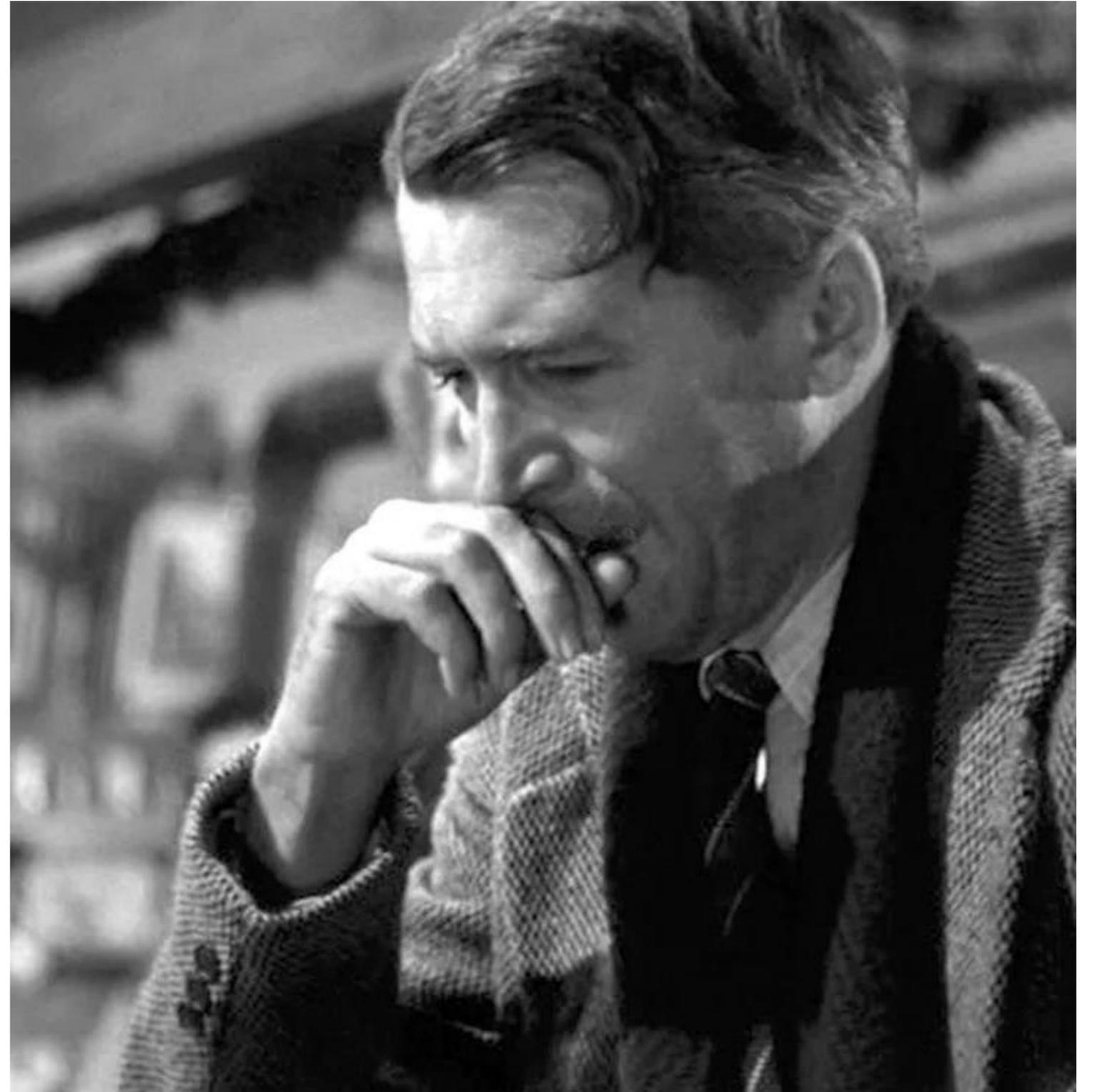
The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us we could never do by ourselves.

Alcoholics Anonymous,
p. 25



“Dear Father in heaven.
I’m not a praying man but
if you’re up there and you
can hear me, show me the
way. I’m at the end of my
rope. Show me the way,
God.”

George Bailey
It's a Wonderful Life



Dear George:—

Remember no man
is a failure who has
friends.

Thanks for the wings!

Love

Clarence