

MISSISSIPPI 18TH ANNUAL ADDICTION FEBRUARY 18-20, 2026 CONFERENCE

Sheraton-The Refuge Hotel and Conference Center • Flowood, Mississippi

Schedule

WEDNESDAY, FEBRUARY 18, 2026

7:30 am – 9:00 am	Continental Breakfast
8:15 am – 8:45 am	12 Step Meeting
7:30 am	Registration Opens
7:30 am – 10:00 am	Sponsor/Exhibitor Set Up
8:50 am – 9:00 am	Welcome & Orientation
9:00 am – 10:30 am	1) Beyond the Code: Applying Ethical Principles in Everyday Clinical Work Carrie Carr, MA, LCPC, LPC-S, LPC-MHSP; Kristin Powell, LCSW
	2) Ethical Considerations for Safe Prescribing, Leah Claire Bennett, PhD; Jessica Bass PMHDNP
10:30 am – 10:45 am	<i>Break</i>
10:45 am – 12:15 pm	1) Beyond the Code: Applying Ethical Principles in Everyday Clinical Work (continued) Carrie Carr, MA, LCPC, LPC-S, LPC-MHSP; Kristin Powell, LCSW
	<i>or</i>
	2) Safety Conscious Prescribing, Deborah V. Gross, MD, FASAM, DABAM, LFAPA
12:15pm – 1:15 pm	<i>Lunch</i>
1:30 pm – 3:00 pm	Back to the Future Scott Teitelbaum MD, FAAP, DFASAM (Keynote)
3:00 pm – 3:30 pm	Break —Meet the Sponsors and Exhibitors
3:30 pm – 4:30 pm	The Benzodiazepines Balancing Act: Managing Anxiety, Insomnia, and Substance Use Risk, Tomekia Luckett, PhD, APRN, PMHNP-BC
4:30 pm – 5:30 pm	Psychedelics in Addiction Treatment: Promise, Pitfalls, and Practical Realities, Jennifer Trihoulis, MD, MPH
6:15 p.m.	BBQ Event/Welcome Reception- Sparkman Auditorium-MS Agriculture Museum

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THURSDAY, FEBRUARY 19, 2026

- 6:30 am – 8:00 am Continental Breakfast
- 7:00 am Registration Opens
- 7:00 am – 7:50 am Self Help (12 Step) Meeting
- 8:00 am – 8:15 am Welcome/Orientation, Gary D. Carr, MD
- 8:15 am – 9:15 am Exploring Suicide: Risk Factors, Warning Signs, and Lifesaving Resources,
Jeri Gledhill, PhD, LPC, BC-TMH
- 9:15 am – 10:45 am **The Paradigm of Recovery: Treating the Origins and Effects of Addiction,**
David “Chip” Dodd, PhD
- 10:45 am – 11:00 am *Break* with Sponsors and Exhibitors
- 11:00 am – 12:00 pm **Can’t We all Just Be Fans? Sports betting in 2026 and Beyond,**
Robert Fuqua, LICSW, ICGC-I
- 12:00 pm – 1:30 pm *Lunch*
- 12:00 pm – 1:30 pm *MSAM Lunch*
- 1:30 pm – 2:30 pm **“I’m Married but Feel Alone: Addiction, Marriage, and Conflict”**
Keith Hudson, PhD, LPC-S
- 2:30 pm – 3:30 pm **Navigating Recovery & Resilience: Strategies for Thriving in Adversity,**
Ruth Ann Rigby, CRS
- 3:30 pm – 4:00 pm *Break* with Sponsors and Exhibitors
- 4:00 pm – 5:00 pm **“What A Long, Strange Trip It’s Been”,** Stuart Milan, PMHNP
- Free evening

FRIDAY, FEBRUARY 20, 2026

- 6:30 am – 8:00 am Continental Breakfast
- 7:00 am – 7:50 am 12 Step Meeting
- 8:00 am – 8:15 am Welcome/Orientation, Gary D. Carr, MD
- 8:15 am – 9:15 am **EMDR Therapy in the Treatment of Addiction;**
Carrie Carr, MA, LCPC, LPC-S, LPC-MHSP
- 9:15 am – 10:15am **Recovery & Spirituality,** Cliff Burris, M.Div.
- 10:15 am - 10:30 am *Break*
- 10:30 am - 11:30 am **Healing Attachment Wounds in Addiction Treatment: An Introduction to Emotional
Attachment Behavioral Therapy (EABT),** Karen L. Morgan, MA, P-LPC,LADAC II, QCS, MAC, SAP
- 11:30 am -- 12:30 pm **The Hero’s Journey,** Denise Marsters, CADC, CSAT
- Adjourn*